



Don't scroll past offensive images and comments



No matter who sends these messages, we need to know so we can **Stop It**.

If you are being bullied or harassed, we want you to **Speak Up**;

If you see other people being bullied or harassed we want you to **Speak Out** against it;

If you are bullying or harassing others, to put it simply we want you to **Stop it**.

There are several ways you can talk to someone about your experience whether it's via your **line manager**, **OCE email** or our confidential **Freedom To Speak Up Guardian**.

More details on **Need to Know**.



#WeAre**EEAST**